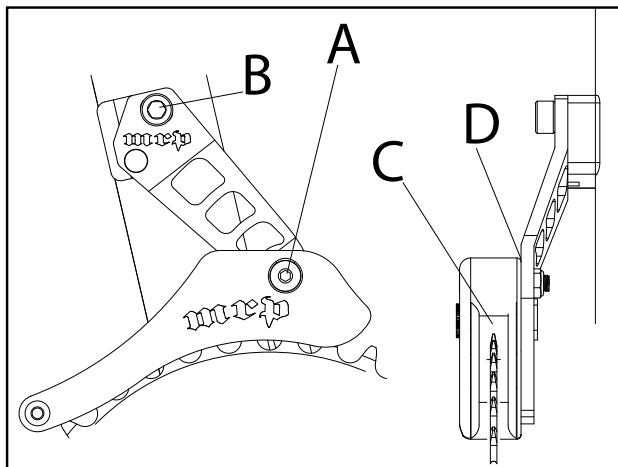








# SHIMANO FD-MOUNT



The Shimano FD-Mount 1X will accommodate chainrings from 32-40T. As with any MRP chainguide, the chainring should be mounted in the middle position on the crank spider (usually on the inside of the mounting tabs).

This version of the 1X has two points of adjustment, the mounting bolt and upper guide bolt. Adjust the 1X vertically by moving the upper guide bolt (A) up and down on the guide track. Adjusting the mounting bolt (B) will affect the tilt of the guide. You will want to leave approximately 3-4mm of clearance between the chainring teeth and the ceiling of the 1X (C). The chainring should be aligned with the seam in the upper guide. There are two 1mm nylon spacers installed on the upper guide bolt between the guide and the bracket, you may remove one or both of the spacers as needed to achieve this alignment (D).

For optimal performance MRP recommends using single-ring specific chainrings - like our Podium rings - with the 1X guide.

FOR MORE INFORMATION PLEASE VISIT US ON THE  
WEB AT **MRPBIKE.COM**  
OR CALL US AT (970)241-3518 AND WE'LL BE GLAD TO  
ASSIST YOU



580 NORTH WESTGATE DR.  
GRAND JUNCTION, CO 81505